

Signature

BROWS & BEAUTY

To achieve the best possible treatment outcome, a client needs to adhere to the following After Care instructions:

Absorb (Day of)

- After the procedure if you notice excess amounts of lymph fluid (oozing) from the area, gently blot with a clean tissue or damp cotton pad to absorb fluid.
- Do this every 5-10 minutes until the oozing has stopped.
- Removing this fluid prevents hardening of the lymphatic fluids.

Wash (Days 1-7)

- Wash daily to remove bacteria, build up of product and oils, and dead skin. (Don't worry, THIS DOES NOT REMOVE THE PIGMENT!)
- Gently wash the area each morning and night with water and gentle soap or an unscented cleanser. With a very light touch, use your fingertips to gently cleanse the area.
- Rub the area in a smooth motion for 10 seconds and rinse with water ensuring that all soap is rinsed away.
- To dry, gently pat with a clean tissue. DO NOT use any cleansing products containing acids (glycolic, lactic, or AHA), or exfoliants.

Moisturize and hydrate (Days 1-7)

- Apply a tiny, rice grain amount of aftercare cream 3 times a day with a cotton swab and spread it across the treated area.
- Be sure not to over-apply, as this will suffocate your skin and delay healing. The product should be barely noticeable on the skin.
- NEVER put the product on a wet or damp tattoo.

Important Reminders

- Use a fresh pillowcase while you sleep. Let any scabbing or dry skin naturally exfoliate away. Picking can cause scarring or loss of colour.
- No facials, botox, chemical treatments or microdermabrasion for 4 weeks.
- Avoid hot, sweaty exercise for one week.
- Avoid direct sun exposure or tanning for 4 weeks after the procedure. Wear a hat when outdoors.
- Avoid long, hot showers for the first 10 days.
- Avoid sleeping on your face for the first 10 days.
- Avoid face-down swimming, lakes, and hot tubs for the first 10 days
- Avoid topical makeup and sunscreen on the area.
- DO NOT rub, pick, or scratch the treated area.

Important Instructions for Showering

- Limit your showers to 5 minutes so that you do not create too much steam. Keep your face/procedure area out of the water while you wash your body, then, at the end of your shower, wash your hair.
- Your face should only be getting wet only at the end of the shower.
- Avoid excessive rinsing and hot water on the treated area.

EYEBROWS

- Whilst brows are healing refrain from using make up over the area. When applying foundation be careful to apply around the area avoiding the eyebrows.
- Once eyebrows are fully healed (10 days) you may continue to use brow pencil/powder if need be to fill any spots that may have faded. You may also continue to wax or tint up until 2 days before your touch up.

EYELINER

- If you wear contact lenses, we advise you to arrange transport home or use glasses. The contacts should not be replaced for a minimum of two hours or until eyes are settled.
- When you resume using mascara it is recommended to purchase a new tube.
- Do not use eyelash curler or mascara for a period of 7 -10 days.
- Do not apply eyelash extensions again until 2 weeks after. It is best to keep extensions off until after your touch up appointment.